



<b>TRANSFERÊNCIA FACULTATIVA</b>	<b>2016</b>	<b>LÍNGUA INGLESA</b>
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## CADERNO DE QUESTÕES

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- Você deverá ter recebido o Caderno com a Proposta de Redação, a Folha de Redação, dois Cadernos de Questões e o Cartão de Respostas com seu nome, número de inscrição e modalidade de ingresso. Confira se seus dados na Folha de Redação e no Cartão de Respostas estão corretos e, em caso afirmativo, assine-o e leia atentamente as instruções para seu preenchimento.
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AGUARDE O AVISO PARA INICIAR SUAS PROVAS



## PROVA DE LÍNGUA INGLESA

### Text 1

#### I'm a grown-up, but I still love coloring books

I always loved coloring in as a child, but gave up the habit as an adult. Now I've returned to it – and judging from sales figures, it seems I'm far from alone

By Matt Cain

According to the makers of adult coloring books, much of the activity's appeal is rooted in nostalgia, and this is certainly true in my case; while my childhood wasn't particularly happy, I was always happy when I was coloring in. As it's an activity most children do alone, it's free from the social tensions that can intrude on other forms of play. It isn't contaminated by the guilt or obligation that can spoil other creative activities like playing a musical instrument. And the idea of adding color to an existing picture isn't as discouraging as the prospect of creating one from scratch.

Perhaps most importantly for adults, coloring in is hugely relaxing, something highlighted in the introduction to *The Mindfulness Coloring Book*. If we immerse ourselves in one simple activity, it explains, we can achieve something approaching a state of meditation. In the past I've always struggled with meditation as I've never been able to relax by doing nothing – but relaxing by coloring in is something I can get my head around. If I switch off the phone, computer and TV and concentrate solely on choosing the right shade of blue, avoiding going over the lines and slowly filling up my page with color, all my other concerns, I've discovered, fade to nothing. And not only that, but when I step back to admire my finished work, I sometimes find I've come up with a solution to a problem that's been bothering me for days.

Available at: <<http://www.theguardian.com/books/2015/apr/07/adult-coloring-books-grown-up>>. Accessed on: 24 jan. 2016 (adapted).

**01** For the author of the text, the activity of coloring as an adult is related to feelings of nostalgia because it

- (A) makes him long for the lost innocence of childhood.
- (B) reminds him of the happy moments he spent coloring as a child.
- (C) reveals to him that only children can be really happy.
- (D) helps him create the illusion that he was happy as a child.

**02** In the first sentence of the text, the conjunction “while”, in “while my childhood wasn't particularly happy”, conveys an idea of

- (A) contrast.
- (B) duration.
- (C) condition.
- (D) simultaneity.

**03** In the first paragraph of the text, the conjunction “as”, in “As it's an activity most children do alone”, could be replaced by

- (A) if.
- (B) when.
- (C) although.
- (D) because.

**04** According to the author, when compared to drawing or playing an instrument, coloring has the advantage of

- (A) requiring less technical skill than these activities.
- (B) allowing for more creative freedom than these activities.
- (C) being free from the feelings of guilt related to these activities.
- (D) reinforcing a sense of innocence that is absent from these activities.

**05** In the second paragraph of the text, meditation is mentioned as a way to

- (A) prove the importance of a higher spiritual awareness.
- (B) demonstrate the beneficial effects of coloring for adults.
- (C) discuss the difficulties of achieving true relaxation.
- (D) show the uselessness of doing nothing.

**06** In the second sentence of the second paragraph, in the phrase “it explains”, the pronoun “it” refers to the

- (A) importance of coloring in for adults.
- (B) immersion in one simple activity.
- (C) relaxation provided by coloring in.
- (D) introduction to *The Mindfulness Coloring Book*.

**07** According to the second paragraph of the text, the activity of coloring is

- (A) a helpful strategy for solving problems.
- (B) an exclusively aesthetic experience.
- (C) a way of relaxing by doing nothing.
- (D) a strategy to reinforce one’s self-confidence.

## Text 2

“I loved the variety of illustrations in this book.” “I opened this book — and I had to have it!” “Makes the creative juices flow.” The rave reviews for our adult coloring books continue to pour in! Specially designed for more experienced colorists, these inspiring titles offer highly detailed illustrations based on today’s most popular and sophisticated themes. And according to CNN, FOX News, The Huffington Post, and other major media outlets, coloring is a great way for adults to relax and beat stress. Plus, the American Art Therapy Association endorses the use of Dover coloring and activity books in a self-care regimen. You can choose from a variety of different series, including our best-selling Creative Haven® editions.

- Each book includes a wide variety of intricate designs to color — most printed on one side only
- Many editions feature perforated pages for easy removal and display of your finished pieces
- Printed on premium-quality paper

Available at: <<http://store.doverpublications.com/by-subject-coloring-books-adult-coloring.html>>. Accessed on 25 jan. 2016.

- 08** The main objective of text 2 is to
- (A) inform the reader about the reasons for the popularity of coloring books for adults.
  - (B) offer the reader scientific information on the benefits of coloring books for adults.
  - (C) persuade the reader to buy coloring books for adults.
  - (D) present the reader with a critical review of coloring books for adults.
- 09** Text 1 and text 2 share similar views on coloring books for adults. One of these shared views is the belief that coloring books are
- (A) a sophisticated form of art.
  - (B) an efficient means to relieve tension.
  - (C) a potent instrument to stimulate creativity.
  - (D) an irresistible object of consumption.
- 10** The statements in text 2 from people who bought coloring books for adults include a verbal form that expresses necessity. Choose the option in which this verbal form appears:
- (A) “(...) I **had** to have it!”
  - (B) “I **loved** the variety of illustrations in this book.”
  - (C) “I **opened** this book (...).”
  - (D) “**Makes** the creative juices flow.”
- 11** A characteristic of the coloring books presented in text 2 is their complexity. The mention of “highly detailed illustrations” and “intricate designs” in the text has the objective of
- (A) stressing that these coloring books are excellent tools for self-development.
  - (B) warning that these coloring books are very hard to master.
  - (C) guaranteeing that these coloring books are developed for adults.
  - (D) assuring that these coloring books are highly efficient in personal therapy.
- 12** In the passage “And according to CNN, FOX News, The Huffington Post, and other major media outlets”, the word **major** could be replaced, without changing the meaning of the sentence, by
- (A) extensive.
  - (B) enormous.
  - (C) radical.
  - (D) important.

### Text 3

#### The cult of youth cheats young and old alike. Let's reclaim adulthood

Oliver Burkeman

"Meet the Adults who Love to Color," trilled a headline in *New York* magazine the other day, about the growing trend for coloring books among grown-ups – and it's only with the greatest trepidation that I venture to suggest there's anything even slightly eyebrow-raising about that. There are few surer ways to trigger the outrage of the internet, it seems, than to imply that there's something questionable about adults engaging in activities originally intended for kids. When emotions run this high, it's a sure sign something important is at stake. But what?

In her fascinating book *Why Grow Up? Subversive Thoughts for an Infantile Age*, just published in the US, the philosopher Susan Neiman makes the case that our youth-fixated society is a symptom of something worth worrying about: we've defined growing up as nothing but a question of decline. "Being grown-up," she writes, "is widely considered to be a matter of renouncing your hopes and dreams, accepting the limits of the reality you are given, and resigning yourself to a life that will be less adventurous, worthwhile and significant than you had supposed when you began it." We've created a world in which growing up – let alone growing elderly – is something nobody would reasonably choose. Who can really be blamed for choosing the exhilarating escapes of childhood fantasy instead?

And when we're not celebrating childhood, Neiman notes, we're busy celebrating young adulthood, ceaselessly pressing upon 16-to-26-year-olds the message that these are the best years of their lives. It's not even true that you're happier in your twenties: there's remarkably consistent evidence that most people, at that age, are on the downward slope of the "happiness U-bend", with higher satisfaction to come.

By describing what is usually the hardest time of one's life as the best one, we make the time harder for those who are going through it. (If I'm torn and frightened now, what can I expect of the times in my life that, they tell me, will only get worse?) And that is the point. By describing life as a downhill process, we prepare young people to expect – and demand – very little from it.

A culture always looking backward, toward the joys of a vanishing youth, cheats everyone: depending on your age, the "best years" are either an increasingly distant memory, or they will be, all too soon. In a culture that celebrates growing up, by contrast, everybody has them to look forward to – unless they're already enjoying them.

Available at: <<http://www.theguardian.com/commentisfree/oliver-burkeman-column/2015/may/12/the-cult-of-youth-cheats-young-and-old-alike-lets-reclaim-adulthood>>. Accessed on: 14 Jan. 2016 (adapted).

#### Glossary

*to trill*: gorjear, cantar; *trepidation*: perturbação, inquietude; *to venture*: arriscar; *outrage*: indignação; *elderly*: idoso; *exhilarating*: estimulante;

13 The author of text 3 sees the growing trend for coloring books among adults with

- (A) satisfaction.
- (B) disapproval.
- (C) fear.
- (D) confusion.

14 According to text 3, the recent popularity of coloring books for adults is an indication that our society is

- (A) excessively attached to youth.
- (B) unreasonably controlled by emotions.
- (C) extremely influenced by fashion.
- (D) increasingly opposed to prejudice.

15 In the second paragraph of text 3, in the passage “In her fascinating book *Why Grow Up? Subversive Thoughts for an Infantile Age*, just published in the US”, the word **just** means

- (A) correctly.
- (B) exclusively.
- (C) precisely.
- (D) recently.

16 For the philosopher Susan Neiman, our society sees adulthood as a stage of life dominated by

- (A) materialism.
- (B) wisdom.
- (C) frustration.
- (D) disease.

17 In the third paragraph of text 3, the passage “these are the best years of their lives” refers to the

- (A) years between the ages of 16 and 26.
- (B) beginning of the 21<sup>st</sup> century.
- (C) period of a person’s childhood.
- (D) decades of maturity after young adulthood.

18 According to the fourth paragraph of text 3, one of the problems of undervaluing the years of maturity is that this leads to

- (A) growing anxieties related to the present.
- (B) increased confusion regarding our lives.
- (C) lower expectations towards the future.
- (D) intensified distrust of generally accepted views about life.

19 Although the authors of texts 1 and 3 have very different opinions on coloring books for adults, they have a similar explanation for their popularity. For both authors, coloring books for adults

- (A) present a safe way to get in touch with powerful emotions.
- (B) offer an opportunity to relax and rebuild our energies.
- (C) are a means to achieve self-knowledge through meditation.
- (D) represent an attempt to bring back the joys of childhood.

**20** For the author of text 3, it is important to value adulthood in order to

- (A) inspire more responsible behavior.
- (B) stimulate the hope of finding happiness in the future.
- (C) accept the inevitable drawbacks of growing older.
- (D) encourage the adoption of a more adventurous life-style.



